

# THE EBA NEWSLETTER

- MARCH 2022 -

**Tilly's Sunflowers, craft fairs and calling all TOUGH MUDDERS!**



## **Thank You Brighton Half Marathon Runners!**

We'd like to raise a glass to the awesome runners who took part in a very windy Brighton Half Marathon back in February!

Despite nearly being windswept out to sea, our EBA fundraisers persevered to the finishing line and we are super proud of them all.

Thank you for all your effort in fundraising for The EBA and we hope you're all fully recovered!



## Tilly's Sunflowers 2022 Launch!



Our amazing committee member, Jemma Roberts, has launched this year's Tilly's Sunflowers. Below, she explains the back story behind her campaign.

*My Daughter Tilly Roberts was born prematurely in January 2014, weighing just 360 grams. She spent 5 months between the Trevor Mann Baby Unit (Brighton) and Special Care Baby Unit (Haywards Heath) before she was able to come home in June 2014.*

*We had a wonderful 6-months at home with her, but she, unfortunately, became unwell with a virus in January 2015 and spent the next 10 months in various hospitals.*

*Sadly, Tilly was unable to recover and she passed away on 1st November 2015 in Southampton PICU.*

*One of my close friends, Amber, decided she wanted to do something to remember Tilly and celebrate her life, so came up with the idea of 'grow your own sunflower kits', naming them Tilly's Sunflowers.*

*Tilly's Sunflowers has raised almost £8,000 for charities, mainly The Early Birth Association since 2016 and since Amber handed the reigns over to me in 2018, I've absolutely loved selling them to raise funds for The EBA, which is a charity that is very close to my heart.*

*Tilly's Sunflowers cost £3 per kit and include a pack of sunflower seeds, four compost pellets and a grow & care guide. Anyone can enjoy them and I love to see photos of them being planted as well as how they get on outside in the garden.*

*We also have additional products available, all of which can be found via our [Facebook](#) page and orders can be placed by sending me a message via our page or to [tillyssunflowers@gmail.com](mailto:tillyssunflowers@gmail.com).*

*Thank you for your support and I hope that you get to enjoy planting and growing your very own Tilly's Sunflowers.*



## Haywards Heath Craft Fair

Come join us on Saturday 9th April in Centenary Hall, Haywards Heath for an afternoon of craft and gift stalls.

EBA volunteers will be serving refreshments whilst fantastic small local businesses offer wonderful items for sale.

Can't make it? No problem, the next date will be Saturday 14th May!



## Places available for Ride London 2022!

Fancy yourself as a Bradley Wiggins?  
Dreamed of riding the Tour de France?

Well, we have two places available for Ride London 2022 on Sunday 29th May!

If you fancy putting your pedal to the metal and raising vital funds for The EBA at the same time, please contact us at [info@earlybirth.co.uk](mailto:info@earlybirth.co.uk) or via our [FB page](#).



## TOUGH MUDDER PLACES AVAILABLE 2022

We have spaces available for our EBA tough mudder team this year!

With 15k, 10k and 5k races available over the weekend of Saturday 24th and Sunday 25th September, there's something for everyone

If you fancy getting muddy whilst raising funds for The EBA at the same time, please get in touch via email: [info@earlybirth.co.uk](mailto:info@earlybirth.co.uk)

TOUGH MUDDERS ASSEMBLE!



If you are a past or current parent with babies in NICU and feel that you need support, please reach out to us.

You can drop us an email at [info@earlybirth.co.uk](mailto:info@earlybirth.co.uk) or send us a direct message via our Facebook Page.