

# THE EBA NEWSLETTER

- FEBRUARY 2022 -

## Spreading the love to the units this month



## Celebrating Valentine's Day On The Units

Our wonderful committee member Marie arranged some beautiful Valentine's Day gifts for babies and families currently on the units.

The gift bags contained books and chocolates as well as extra gifts being given to staff.

The EBA also provided craft supplies for the nurses to make beautiful personalised cards and some yummy cream tea for the parents to enjoy.

We'd like to thank all of our generous supporters and fundraisers whose donations enable us to mark special days throughout the year.

# Fundraising Heros!



We would like to say a HUGE thank you to the members of Specialist Performance Personal Training Gym in Crawley for their mammoth 24-hour challenge!

Members took part in a 24-hour Prowler Relay, starting at Midday on Saturday 12th February and finishing on Sunday at Midday.

Beth and Sean, who run the gym were helped by The EBA when their son was in the hospital.

Beth says:

"The EBA is a charity that we will be forever grateful for. Sonny was born in February 2021 6 weeks early.

At 8 minutes old he stopped breathing and was resuscitated. Sonny's lungs had not inflated properly and he could not get any oxygen which meant he was put onto a machine that was breathing for him.

Sonny spent 14 days in intensive care and he moved to special care when he was more stable.

He was on a variety of machines that were helping him and they became our safety blanket when we were sat by him.

The Early Birth Association raise money to help parents and babies in SCBU. The machines that kept Sonny alive are donated and paid for by funds that the charity has raised.

The kitchen is stocked up every day with tea, coffee and food for the parents to help themselves so that they can eat and drink and not leave the ward.

They are a charity you never expect to need but if you do they are absolutely amazing and deserve all the recognition and donations possible.

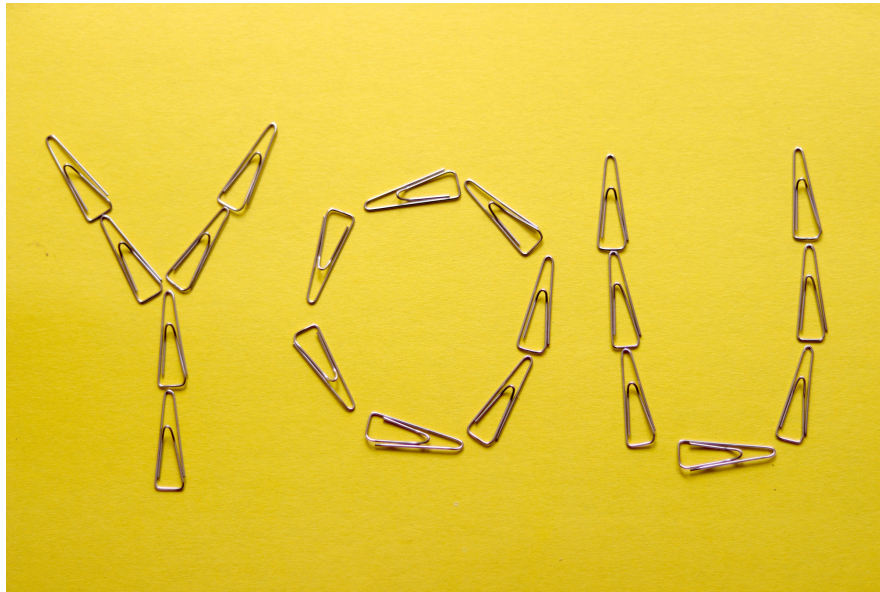
To anyone who takes part or donates I am truly grateful".

Thanks to Beth, Sean and to all the gym members they have raised a whopping £9105.00!

We are so very grateful to all involved, THANK YOU!

To find out more and visit the Justgiving Page:  
<https://www.justgiving.com/fundraising/sppt24>

## Volunteers are needed for the Brighton Half Marathon on Sunday 27th February!



We are in need of some fantastic volunteers to come to help us assist with the Brighton Half Marathon on Sunday 27th February.

We will be handing out water to competitors, as well as cheering on the runners to the finish line!

If you would like to join our cheer squad please pop us an email at [info@earlybirth.co.uk](mailto:info@earlybirth.co.uk) or directly message us via our Facebook page, **here**.

